

# WEBINAR WEDNESDAYS

## Virtual Training Series

Join us this Wednesday for our next Webinar session! Our sessions grant behavioral health professionals continuing education credits

### Helping Estranged Parents: Common Mistakes of Therapists

Speaker: Dr. Joshua Coleman *Ph.D*

January 10th, 2023 | 12:00 – 1:30 pm CST



#### Session Description

This webinar provides training for healthcare professionals who want to learn more about working with estranged parents or estranged adult children.

In this session, we will illuminate:

- Common mistakes made in counseling these clients that tend to perpetuate clients' feelings of shame and guilt.
- Obstacles that keep clients trapped in painful feelings of rejection, fear, guilt, and anger.
- Best treatment methods for overcoming the trauma that is evoked by the estrangement.
- Best strategies for facilitating a potential reconciliation between parents and adult children
- Best strategies for addressing common sources of tension, conflict, and estrangement.



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