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## **Elderly Nutrition Program February 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY Calentine DAY	HAPPY Valentine's DAY		1 Indian Taco Peaches & Cottage Cheese	2 Hamburger Steak With Grilled Onions Mashed Potatoes Br Gravy Cake/Salad Bar
5 Pulled Pork on bun Potato Salad Pickle Spear Peaches & Crème Parfait	6 Food Show Glenpool Conference Center	7 Smoked Sausage Cabbage Mac & Cheese Bread/Salad Bar Rosey Applesauce	8 Chicken & Dumplings Baby Carrots Salad Bar Fruit Cookie	9 Waffle or French Toast Toppings: Syrup or Strawberry Sausage Link OJ
Philly Steak Melt w/Peppers & Onions Soup Cinnamon Apples	13 Baked Chicken Baby Bakers Broccoli Roll Pears	Porcupine Meatballs Gravy Vegetable Salad Bar Cobbler	Roast Beef Roast Beef Mashed Potatoes Br Gravy Blend Jell-O with topping	Cook's Choice
19 Chili Cheese Dog Tots Turnover	Chicken, Broccoli & Rice Casserole Salad Bar Roll Fruit Crisp	21 Baked Potato Soup Pudding	Catfish Cole Slaw Ranch Style Beans Hushpuppies Poke Cake	Walking Taco Salad Bar with toppings Fruit Salad
26  Ham  Au Gratin Potatoes  Blend  Bread  Pudding w/topping	Beef Stew Cheese Sticks Crackers Ambrosia	CFS Mashed Potatoes Cream Gravy Blend Roll Pie/Salad Bar		

<sup>\*</sup>Bread available upon request